I hope you will join the **UNITED PARISH 2019 Walk for Hunger Team**. To do so, please sign up two ways:

- At Coffee Hour or via Email to me at walkforhunger@upbrookline.org.

And

- Online at http://support.projectbread.org/goto/UnitedParish. You can get to the same site by clicking on the link in Friday emails or at www.upbrookline.org. Click the "*Join Team*" button below the picture. Note: there is a $25 registration fee for those over age 18, to cover costs; for this you get a *Project Bread* t-shirt at Boston Common.

WHY DO WE WALK?

It's a fun event and a 35 year United Parish tradition. Our goal is to raise funds for *Brookline Food Pantry* and for *Project Bread* to use throughout the year for hunger programs and anti-hunger organizing efforts across Massachusetts.   Last year 51 **UP** adults and children walked and ran and our fundraising, combined with Mission Giving funds, contributed **$6,487.00** to Project Bread.

If you, or someone you know, would like *Project Bread's* assistance, please call the *FoodSource Hotline at 800-645-8333.*

WHO CAN WALK?

Anyone – *at any age* – can walk with the **UP** Team. We also welcome baby strollers.

Parents with Sunday School children will receive a separate e-mail. Rite 13 classes and older may choose to walk with their class. Younger children may walk with their parents or with someone their parent has designated on a registration form.

HOW LONG IS THE WALK?

We gather at church at 8 am and go downtown together on the Green Line MBTA. Most of the **UP** group walks the 3.2 miles from Boston Common to Coolidge Corner and then attends church together at 11:00 am.   (The route follows Commonwealth Avenue to Kenmore Square, then Beacon Street to Coolidge Corner), then we turn left on Harvard Street to the United Parish.

Others continue farther. The Walk for Hunger draws hundreds of walkers in a 20-mile walk through communities along both sides of the Charles River and ends back at Boston Common.

There is also a 5K Run starting at 7:00 am on Boston Common. Please let us know if you would like to run instead of walking. We do not want to miss out on knowing you joined our Team.

HOW DO WE RAISE FUNDS?

All of us can help. For starters, the UP Mission Giving Committee will chip in **$50 for each walker from U.P.**   So all you have to do is walk (or run) and you have already made a contribution.

It's a good cause, and we'd like to add even more. You can make a personal donation. Or you can ask a friend, a grandparent, or other family member to make a donation to the UP Walk Team.

Donations can be made:
- Online through the United Parish Team Page at http://support.projectbread.org/goto/UnitedParish. Click on the "*Donate*" button above the picture on the Team Page, or first click on an individual team member's name to donate on his/her own page. Team members can easily email the link to their potential donors.

- At April Coffee Hours there will be a contribution tin, as well as small cards giving our online Team Page address. The cards are especially useful to give to non-**UP** friends who do not usually go to the **UP** website.

- If you are not interested in walking, but would like to join our online team for the sake of fundraising, you can go to the above Team Page and join the Team as a "*virtual walker*."

UP *VOLUNTEERS*

We can always use a few helping hands to help sell t-shirts, help with sign-in on Walk Day, or to photograph our enthusiastic walkers. If you would like to help, please speak to or email Beverly B. at walkforhunger@upbrookline.org.

U.P. T-SHIRTS LOOK GREAT ON THE WALK

If you would like to wear a blue **UP** t-shirt, they will be available at Coffee Hour on April 28th ($12 child, $15 adult).

Looking forward to seeing you,
Beverly B.
walkforhunger@upbrookline.org

WALK DAY DIRECTIONS – SUNDAY MORNING, MAY 5

Our Team will gather at the church at **8:00 am**. Wear your **UP** t-shirt, if you have one, and bring a jacket and comfortable shoes. A water bottle is also a good idea. Parents of our youngest children also bring a stroller. Bring a phone or camera to make sure we have an action picture of you and your friends.

Enter the church hallway off the parking lot and sign in at the Deepening Room. This ensures that you get the $50 contribution from the UP Mission Giving. You will also turn in any cash or checks you have collected for our team envelope. (We will separately add up your valuable online contributions.) Be sure to tell us if you have raised $500 or more as there are special recognition and benefits.

We then gather in the parking lot for a prayer and group picture. This preparation stage takes about 20 minutes because of the size of our group. You help speed this up by making sure you have signed the pre-registration list at coffee hour or have emailed me at walkforhunger@upbrookline.org.

We take the MBTA Green Line together to the Boylston stop. Some years the MBTA allows Walkers to ride for free; otherwise the ride costs **$2.75 exact change for ages 12+** or a swipe of your Charlie Card. We then walk to the group registration booth to get our Walk stickers and on to the Start gate at Charles and Beacon Streets.

AFTER THE WALK

- Please email pictures to walkforhunger@upbrookline.org or office@upbrookline.org. Your smiling action shots will encourage others to join you next year.
- Send an email or note to thank your donors.
- The online Project Bread Team Page will remain open for at least a month for any last - minute donations. Mission Giving's contribution will be added after Walk Day.
- Let Beverly B. know if you ran or walked farther than the church. We're always happy to have someone new join the 20 Mile Club!

Thanks!

For any questions, suggestions, website difficulties, or volunteering to help, please contact:

Beverly B.
United Parish Team Captain
walkforhunger@upbrookline.org