

Gather Here Fabric Face Mask

Fabric requirements: 1/4 yard of cotton or one fat quarter 20" of 1/4" wide elastic Video available at:

https://vimeo.com/user11252937/ review/399305630/8e27c1181c

NOTE: Surgical-grade masks are still best used and most needed for medical workers. If you have surgical masks, please donate them to front line workers. We, the people who created this pattern, are not medical experts

Masks are not a substitute or reason to eliminate any other preventative measures. Homemade masks help because they're one of the cheapest ways to reduce the rate-of-spread, and keep us all safe, but only when used in conjunction with other measures. These masks should always be sterilized after use. Dip them in boiling water or wash with hot soapy water if the fabric allows.

Instructions

Cutting Instructions:

Cut 1 piece of fabric 7" x 19" Cut 2 pieces of elastic 10" long

Construction Instructions:

We're going to start with drawing our pleat lines. The first line should be 2" away from one long edge. The next line should be 3.5" away from one long edge (this will be down the middle of the piece.) The third will be 2" away from the other long edge.

Press the 2" line by folding the right side of the fabric together right on the line you marked. Bring that fold to meet the center 3.5" line and press to create



another fold. Repeat on the other side, you should have a box pleat on the right side of the fabric.

Finish the short edges of your fabric using a serger, zig-zag stitch, or pinking shears. You will have to unfold your pleat in order to do this! It will remain unfolded until the mask is turned right side out.

Fold the fabric in half right sides together matching your short edges that you just finished using your preferred method.

We need to leave a hole to turn out the mask and insert a liner. Mark a line 2.5" down from each edge. You will start stitching at one corner, stop at your first mark, jump to your next mark and sew to the other corner. Sew this with a ½" seam allowance.

Press this seam open as nicely as possible using the tip of the iron.

Fold your mask in half so the seam you just stitched is on one side, use a pin to mark the fold, that is going to become the center front. Fold the mask so that the pin is on top of your seam and lightly crease the two sides. These are going to be the sides of the mask.

Mark 5/8" away from each fold on each long edge of the mask you will start and stop sewing at these marks. These openings will allow us to string our elastic through once we've turned the mask right side out.

Stitch from one 5/8" mark across the seam to the other 5/8" mark and repeat on the other side.

You can turn the mask out through the hole we left in the seam.

Find the creases you created at the beginning and re-press the box pleat all the way around the mask.

We are going to create a channel for the elastic on each side of the mask. Using a 5/8" seam allowance stitch down the box pleats on each side of the mask.

And that's all the sewing you have to do!

String each piece of elastic through the casing you created using a safety pin. Tie the ends of the elastic together and pull it until the knot is hidden inside your casing.

You're done!

