

November 8

The Devil = Your Inner Critic

[Read Matthew 27:3-5](#)

“The Accuser says who I am is what I’ve done, who I am is wrong”

Have you ever felt ashamed or embarrassed of something you did or said, or ever had an embarrassing memory replay at night when you’re trying to go to sleep?

How does this idea of the Accuser differ from our conscience/moral compass?

Guilt = what I’ve done is wrong

Shame = who I am is wrong

“No one has EVER become their ideal self”

Often, our ‘strengths’ and ‘flaws’ come from the same place. Think of something that you see as a ‘flaw’ or ‘weakness’- then come up with one way how that trait contributes to something that you like about yourself. (not required to share with group)

For example, we may see stubbornness as a weakness or flaw, but our stubbornness could be the reason we are so good at standing up for our friends or for what’s right.

God isn’t waiting for you to be ‘better’ in order to love you!

How does that statement make you feel? Do you believe that statement? Why or why not?

In the telling of the Last Supper, Jesus acknowledges Judas’ impending betrayal, and serves him communion anyway offering him the bread of life and the cup of forgiveness. What do you think about that?

“The self who God loves - the self who God is in a relationship with - is your actual self...The ‘you’ everyone in your life loves, is your actual self, too!”

How does this lesson relate to the last two? (re-watch videos if needing a reminder)